



185 for Heroes

we run because they fought

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GRANTS AVAILABLE TO WOUNDED VETERANS PARTICIPATING IN ATHLETIC EVENTS

BALTIMORE, MD – Wounded veterans who are participating in athletic events can apply for a grant from 185 for Heroes to help pay for event registration fees or other associated costs. Any veteran with a service-related disability rating is eligible. Veterans can complete the application at www.185forheroes.org.

185 for Heroes is a Maryland-based nonprofit that helps wounded, ill, and injured veterans from around the country by providing opportunities to develop fitness, grow confidence, and achieve personal goals through participation in athletic events. 185 for Heroes fulfills this mission through *Project Finish Line* and *Mission Accomplished*.

Veterans can apply for a *Project Finish Line* grant to cover registration fees for running events such as marathons, half-marathons, and 5Ks.

Veterans can apply for a *Mission Accomplished* grant to cover expenses associated with other athletic goals. The grant can be used to help pay for expenses such as adaptive equipment, registration (to non-running events), and travel expenses.

Wounded, ill, and injured veterans are encouraged to apply by completing an online application. Project Finish Line and Mission Accomplished grants are awarded on a rolling basis as funds are available. Learn more or apply at www.185forheroes.org or email PublicRelations@185forHeroes.org.

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ABOUT 185 FOR HEROES

Founded in 2010, 185 for Heroes is a 100% volunteer run 501(c)(3) non-profit that helps wounded, injured, and ill veterans by providing means to build confidence through fitness and participation in

athletic events. The name 185 for Heroes comes from the length of the Chesapeake and Ohio Canal Trail (C&O) - a 185-mile trail beginning in Cumberland, Maryland and ending in Washington, DC - which was the trail ran by founding members to honor the service and sacrifice of our veterans. Today, the organization honors our veterans by providing grants to wounded, injured, and ill veterans to participate in athletic events or purchase adaptive equipment.