



185 for Heroes
we run because they fought



IMMEDIATE RELEASE:

185 for Heroes Raises \$11,240 for Wounded Veterans

November 1, 2013

This past September, the Maryland-based nonprofit, 185 for Heroes, successfully completed their 4th annual 185 mile run, raising \$11,240 for wounded veterans from online donations alone. 100% of all donations made to the 185 for Heroes event went directly to [Operation Second Chance](#) (OSC), whose mission is “to serve wounded, injured, and ill combat veterans.” On Saturday, September 21st, Army Master Sgt. David Brown and Army Staff Sgt. Michael Rychlik were welcomed across the finish line at Georgetown University by 50+ supporters and family members as they continued to advance the organization’s mission of spreading awareness for our wounded - and too-often-forgotten - heroes.

During the weeklong journey, the 185 team started each morning by reading the bio of one of the wounded veterans honored that year to remember their sacrifice. This year’s finish line ceremony began with speeches from the board members and runners about the importance of giving back to those who have sacrificed so much. “I wake up every morning with a choice. I can wake up and run, or I can wake up and just go about my day,” Brown stated before the crowd. “We have a lot of brothers and sisters in arms that don’t have that luxury. This is my way of giving back and reminding everybody, including myself, that many of our brothers and sisters are hurt and to let them know that we do care.”

After the speeches, 185 for Heroes co-founders and siblings, Ashley Ackenhausen and Clay Anderson, presented the 2013 wounded veterans and their families with flag cases to honor the sacrifices each one of them has made for our country. “It is one of the most awesome experiences at the finish line ceremonies when we get to meet the families of the wounded warriors,” said Ackenhausen. “I knew that first year that we were doing something incredible, but nothing touched me more than to cross the finish line and have the families come up to you and thank you for what you’re doing. You don’t understand the impact until you see the impact on other people.”

As the team concludes another successful year, plans for the 5th annual event have already begun. The 185 for Heroes Board is excited for another great opportunity to give back to the selfless heroes and their families who sacrifice so much and are given so little in return. 185 co-founder Ackenhausen said, “As long as we have people to run each year, we will never stop.” We run because they fought.

For more information about 185 for Heroes and to donate please visit: <http://www.185forheroes.org/>

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